

Love, Betrayal, & Beyond

RESOURCES

Books:

- Intimate Deception by Dr. Sheri Keffer
- Your Sexually Addicted Spouse: How Partners Can Cope and Heal by Barbara Steffens and Marsha Means
- Moving Beyond Betrayal: The 5-Step Boundary Solution for Partners of Sex Addicts by Vicki Tidwell Palmer
- Mending a Shattered Heart: A Guide for Partners of Sex Addicts by Dr. Stephanie Carnes
- Is My Husband Gay, Straight, or Bi?: A Guide for Women Concerned about Their Men by Jo Kort
- Facing Codependence: What It Is, Where It Comes from, How It Sabotages Our Lives by Pia Melody

Podcasts:

- www.beyondbitchy.com
- www.blogtalkradio.com/betrayalrecoveryradio

Movie:

- “Gaslight” The 1944 film starring Ingrid Bergman and Charles Boyer
- The term gaslighting is said to be coined from this movie

Support Groups:

- www.smartrecovery.org
- www.sanon.org
- www.recovering-couples.org
- www.slawfws.org
- Online paid membership group @ www.calmingcurrent.com